

18th International Youth Forum of the International Federation of Blood Donor Organization (IFBDO/FIODS)



Aveiro (Portugal), 23 - 26 August 2018



IYF 2018 OFFICIAL INVITATION

Dear young blood donors and volunteers,

ADASMA – Blood Donors Association of Mamarrosa and FAS – Portuguese Federation of Blood Donors Association, in collaboration with the International Youth Committee (IYC) of the International Federation of Blood Donors (IFBDO/FIODS) have the pleasure of informing you about the upcoming 18th International Youth Forum, to be held between the 23rd and 26th of August 2018 in Aveiro, Portugal!

The title of the Forum is “*SHARE LIFE, JOIN THE TRIBE! Blood donors, a gift to the community*”. The overall theme of this edition is how to strengthen the bonds within the community of volunteers around the world, and how to improve the positive social impact of its values - program and further details will be communicated to you soon, stay tuned!

Your stay will be at University of Aveiro, and the participation fees (€250) will cover your accommodation, meals and transportation throughout the duration of the Forum.

This event is open to all young volunteers of the organizations members of the IFBDO, and to all other associations working for the promotion of voluntary and not remunerated blood donation in the world.

In the following pages you will find the program and all the useful information for your participation in IYF 2018!

If you have any questions or need assistance, please do not hesitate to contact us.

Looking forward to your participation!

SHARE LIFE
JOIN THE
TRIBE

BLOOD DONORS AS A GIFT TO THE COMMUNITY

IYF 2018 Preliminary program (to be subject to change)

Day 1 – 23rd August

Until 18h Arrivals until the afternoon - Welcome Activity

18h Opening / Presentation of the delegations and “Market” at Parque do Rossio (*outdoor*)

20h Dinner and formal opening at Aveiro University canteen

Day 2 – 24th August

8h Sporting dawn (*optional*)

9h Breakfast

9h30 Workshop n. 1

11h15 Coffee break

11h30 Workshop 2

13h Lunch

14h30 Departure to Coimbra

15h15 Visit to the Blood and Transplantation Center of Coimbra

16h30 Workshop n. 3

17h45 Coffee break

18h Visit to Hospital Centre of University of Coimbra

19h Workshop n. 4

20h30 Dinner at ADASMA restaurant ☺ – Fado Experience

Day 3 – 25th August

8h Sporting dawn (*optional*)

9h Breakfast

9h30 Workshop n. 5

11h15 Coffee break

11h30 Workshop n. 6

13h Lunch

15h30 Outdoor activity (Workshop n. 7)

19h Departure to Oliveira do Bairro

19h30 Dinner at Oliveira do Bairro Town Hall

21h Participation in the Associativism Merit Gala at Oliveira do Bairro Town Hall

23h Night Out - Aveiro

Day 4 – 26th August

8h Sporting dawn (*optional*)

9h Breakfast

9h30 Workshop n. 8

11h15 Coffee break

11h30 Forum Evaluation and Conclusion – See you for IYF 2019!

13h Lunch and departures

14h30 Departure to Barra Beach – Visit blood drive at the beach (*optional*)

Venue

The 18th International Youth Forum will be held at the University Campus of Aveiro.

Address: Campus Universitário de Santiago, 3810-193 Aveiro

Contact: +351 234370200

Website: <https://www.ua.pt>



Should you need to arrive before the opening/stay after the end of the International Youth Forum (*at your own expense*), please find below some suggestions for your stay:

- Veneza Hotel (Price: aprox. 57€/per night)
- Hotel Cale do Oiro (Price: aprox. 60€/ per night)
- Hotel Imperial (***) (Price: aprox. 60€/ per night)
- Hostel Welcome In (Price: aprox. 72€/ per night)
- OC Salon Charm Hostel (Price: aprox. 75€/ per night)
- Hotel Meliá Aveiro (****) (Price: aprox. 108€/ per night)

Travel

Portugal has two main airports where you can flight to. The nearest airport to Aveiro is Francisco Sá Carneiro Airport, in Porto, which is located approximately 80 km to the north of Aveiro. Then there is also Portela Airport, in Lisbon, which is located about 250 km to the south of Aveiro. The most practical and simplest way to get to Aveiro from both airports is by train. All public transportation means have both website and APP (android and IOS).

Please check the attached document for further details!

Aveiro railway station is located in the centre of the city, where the Forum organization will be receiving you and then taking you to the Forum venue.

Registration

Registration is available by the following link: <https://goo.gl/forms/AxmGMFJeENygADPo2>

Deadline for registration: **29th june 2018**.

Before registration, please note that:

- Every member must apply as individual, not as an association.
- The applicant must be aged between 18 and 30 at the time of the conference.
- The applicant should belong to an organization member of the IFBDO, or any youth association committed to promoting the non-remunerated blood donation cause.
- Each country is allowed a maximum of 10 participants per delegation.

In case of non-compliance with the previous requirements, the organization reserves the right to refuse your registration.

Language of the Forum

Important! English will be the official language of all the working sessions and activities of the Forum.

Visa

Here you can find all information about visa requirements for your country:

<http://www.sef.pt/portal/V10/EN/asp/page.aspx>

We can help with the additional documents if it is needed to get visa. Please contact us.

Forum Fees

The participation fee is 250 Euro per person.

This includes hotel costs between the 23rd and 26th of August, meals, site visit fees, transportation during the Forum (*transportation from/to airport **not** included, but our volunteers will welcome you at the Aveiro railway station*). Flight cost is not included.

The banking account information is as following:

Code: 3210 - CCAM Oliveira do Bairro

Address: Oliveira do Bairro

Bank Account: 40298241732 - ADASMA

Bank name: Caixa de Crédito Agrícola Mútuo

IBAN: PT50 - 0045 3211 4029 8241 7326 6

SWIFT code: CCCMPTPL

Contacts

Organizing team

Pedro Miguel Dias (pmjndias@sapo.pt)

Liliana Esgueira dos Santos (lilianasantos1985@gmail.com)

Mónica Esgueira dos Santos (tf.monicaesgueira@gmail.com)

Ana Justino (analuisajustino@gmail.com)

IYC team

fiods.iyc@gmail.com

Dima El Zein – IYC Asian Continental Delegate (elzeindima@gmail.com)

Dounya Belouafi – IYC African Continental Delegate (dounya.bf@gmail.com)

Filippo Pozzoli – IYC European Continental Delegate (fmgp89@gmail.com)

Abdo Saad – President of the IYC (abdo.k.saad@gmail.com)

Alice Simonetti – General Secretary of the IYC (a.simonetti@avis.it)

Anna Toft – Financial Secretary fo the IYC